

Outreach 3 Way Forthcoming Events

Be a star! Join in, have fun and support a great cause because everyone deserves to shine.

ASICS British 10K London Run – Sunday 11 July 2010



The race route is undoubtedly the most historic and sporting 10K route in the UK, running through the heart of historic London, passing many of London's world famous and iconic sights. These include Wellington Arch at Hyde Park Corner, Trafalgar Square, the magnificent St. Paul's Cathedral, the unique London Eye, Big Ben, the British Houses Of Parliament and historic Westminster Abbey before finishing on Whitehall, just past the entrance of 10 Downing Street .

Each year the race has been a sell out event, so call Fundraising now to avoid missing your chance to take part in this great tenth anniversary event!

Outreach 3 Way Dinner & Dance



Further details of this event will be announced shortly but rest assured that it will be a great evening of scrumptious food, drink and entertainment.

Please call Fundraising for further details.

London to Paris Cycle Ride – 8-12 September 2010



Cycling from London to Paris is one of the great cycle experiences in Europe. Passing through picturesque countryside, we cross the Channel and continue through the small villages and medieval market towns of Northern France. With long days in the saddle and some strenuous hill-climbs, the sight of the Eiffel Tower, our finishing point, will evoke a real sense of achievement.

You don't need to be a fitness fanatic to do this challenge. However to get maximum enjoyment from the challenge training is vital and you will be provided with a detailed training plan.

Call fundraising now for an application form.

Halloween Skydive – Daredevils wanted - 31 October 2010



If you have ever wanted to do a parachute jump here is your chance! No experience is necessary as all training is provided. And if you raise over the minimum sponsorship then you get to jump for FREE!

There are three types of jumps. An 'Accelerated FreeFall', where you get to experience skydiving solo from up to 12,000 feet! 'A Tandem Skydive' from 10,000 feet attached to a professional instructor. And a 'Static Jump' which is a solo jump from 3,000 feet.

Be a daredevil and call Fundraising for an information pack on our Halloween Skydive!

Santa 5K Fun Run - 5 December 2010



Around 2,000 people are expected to take part running 5km through London's Greenwich Park dressed as Santa and Outreach 3 Way would like to offer you the chance to join them!

No previous running experience is required, as with a bit of training, the 5km distance should be achievable. You can run, jog or walk – you decide! We ask runners to raise a minimum of £100 and we will be on hand to offer support before and during the big day!

Please call fundraising for an application pack.

Kilimanjaro Trek - 27 January to 5 February 2011



Experience the trip of a lifetime with this amazing trek up Kilimanjaro and through some of the world's most diverse landscape. Trek through dense forest over rocky terrain and up to ice glaciers as you discover the three volcanic centres of Kilimanjaro and the African culture surrounding them.

This high altitude challenge offers you the chance to see some amazing views as you trek towards the snowy peaks of Mount Kilimanjaro.

Brighton Marathon – Sunday 10th April 2011



The race route will take in the best of the city centre and fabulous stretches of coastal road, including the panoramic views that you'd expect where the glorious South Downs meet the English Channel. Generally, it is a fast course, held exclusively on roads and the tarmac promenade. The finish is in Madeira Drive, just east of the famous Brighton Pier. It takes place a week before the London Marathon and has turned into being a very successful event.

Call now for more information on joining Team O3W!

China Trek – 5 to 14 May 2011



For a country with the biggest population in the world China remains largely untouched by the West...

It is a beautiful country steeped in tradition, history and mythology. For those with a passion for culture and a sense of adventure China leaves an indelible mark on all who go there.

Join us on the trip of a lifetime as we trek the Great Wall, visit Beijing and even get the chance to take part in a giant 400ft zip slide!!

Call now for more information.

Nepal Trek – 10 to 19 November 2011



The Nepal Trek welcomes all with a sense of adventure, so if you are up for a physical and mental challenge this is for you. The trek takes you through mountainside villages and thick forest. You will gain a real insight into the local culture and all at low altitude.

With arguably one of the best views in the World, the Nepal trek has so much to offer and certainly won't disappoint those with a sense of adventure.

Please call fundraising for further information.

For an application form or further details on any of the events listed please contact:
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